

# Sarah Young

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## **Theater:**

Echoes in the Garden	Ruth	Aimee Todoroff / American Bard Theatre
Caucasian Chalk Circle	Expert / 1st Lawyer / Innkeeper Ensemble	Jesse Jones/Tobacco Factory Theatre (UK)
Twelfth Night	Viola	Geoff Brumlick / BOVTS Studio
Three Sisters	Olga	Andrew Normington / BOVTS Studio
Three Sisters	Natasha	Alisa Ivanova / Katzen Arts Center
Burial at Thebes	Captain of the Guard	Jacque Crago / BOVTS Studio
Hell: Paradise Found	Eve/Lizzie Borden	Jason Cannon / Florida Studio Theatre
The Columnist	Abigail u/s	Kate Alexander / FST
The Odyssey Project	Skylla	Lillian Meredith / RedLeaf Theatre Co
Raise Me Up	Kelly / Zombie	Charlie Biscotto / RedLeaf Theatre Co
Tomorrow and Tomorrow	Witch	Charlie Biscotto / RedLeaf Theatre Co

## **Film/TV:**

My Mother & I	Lead	Emily Seely / Independent
Staffers	Lead	Justin Gutwein / Cue93 Studios
Good Grief	Lead	Hagar El Sarag / Independent
Monumental Mysteries	Co-Starring	Sterling Milan / Travel Channel
Flying Eggs	Supporting	Sheldon Chau / Independent
Haze	Supporting	David Burkman / Shadywood Road Prod

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## **Training:**

Bristol Old Vic Theatre School (UK): MFA in Professional Acting  
Florida Studio Theatre Acting Apprenticeship  
American University: BA in Theatre Performance

Film/TV: Jamie Carroll

Improv: UCB Level 2

Matt Newton Studio: Blair Baker, Dena Tyler

The Shakespeare Forum: Tyler Moss, Maxon Davis

The Humanist Project: Michael Toomey, Andrew Borthwick-Leslie

Theatre: Christopher Gurr, Keith Chappelle

Stage Combat: Jonathan Howell (UK), Claire Warden

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## **Special Skills:**

Combat / Martial Arts: Tae Kwon Do (Purple Belt)

BADC Certified Intermediate: Unarmed, Rapier & Dagger, Single Sword

Dialects: Standard American, Southern American, Appalachian, Contemporary RP, Classical RP, Russian, Dublin, Western Ireland

Languages: Spanish (Intermediate), Russian (Beginner)

Dance: Irish-Step Dancing, Waltz

Exercise: Pilates, Yoga

Horseback Riding: Western and English

Valid Driver's License and US Passport

ITM Alexander Technique Teacher Certification

Office Manager and Executive Assistant

Teaching Playwriting Workshops (ages 1st - 5th grade), Great with Kids

Great with Animals